

TABLE 1

Patients' Characteristics (n = 45)

Characteristic	Mean
Age, years	61.6*
	Percent
Women	73
Exercise	52
Education†	69
Married	52
No known disease	43
Hypertension	43
Varicose veins	19
Type 2 diabetes	5
Smoking	24
Diuretic use	10

*Range = 28 to 87 years.

†More than 7 years.