

TABLE 1**Types of Complementary and Alternative Methods Represented**

- Acupressure
- Acupuncture
- Aromatherapy
- Astrology
- Chinese medicine
- Cranial sacral therapy
- Herbalism
- Homeopathy
- Imaging
- Massage therapy
- Midwifery
- Mind-body therapy
- Naturopathy
- Neuromuscular therapy
- Reflexology
- Reiki
- Shiatsu
- Tai chi