

TABLE 1

Baseline Characteristics of Cohort

Characteristic	Experimental Group (n=122)	Comparison Group (n=135)	<i>P</i> ^a
Mean age, years, \pm SD	69.4 \pm 7.3	70.4 \pm 6.4	.27
Race, %			
White	95	90	
Black	1	5	
Hispanic	0	1	
Other	4	4	.17
Charlson comorbidity, mean \pm SD	1.3 \pm 1.5	1.3 \pm 1.4	.70
High school level reading ability, [†] %	83	85	.61

SD denotes standard deviation.

^aStudent *t* test used for continuous variables and chi-square test for categorical variables to compare the values in the experimental and comparison groups.

[†]A REALM (Rapid Estimate of Adult Literacy) reading level score of \geq 60 corresponds to high school reading ability.