

TABLE 3

EVIDENCE TO SUPPORT DIFFERENT TREATMENT STRATEGIES FOR PATIENTS WITH NECROTIZING
OTITIS EXTERNA

Grade of Recommendation	Treatment	Comments
B	Ear cleaning and oral ciprofloxacin 750 mg twice daily for average of 3 months ³¹	SR, previous treatment unspecified. Few studies used parenteral ciprofloxacin or rifampin
C	Ear cleaning, debridement of granulation tissue, intravenous anti-Pseudomonas antibiotics ³ carbenicillin and gentamicin	Only 2 cases
C antibiotics	Ear cleaning, topical antibiotic, and oral ofloxacin 200 mg twice daily for 12 to 39 days ³² or oral ofloxacin 400 mg twice daily for 21 to 69 days ³³	Equally effective to intravenous
C	Adjunctive hyperbaric oxygen ³⁴	Single case
D	Ear cleaning, debridement of granulation tissue plus intravenous anti-Pseudomonas penicillin plus tobramycin for 4 to 6 weeks ³⁵ SR denotes systematic review.	