

TABLE 1

PATIENT CHARACTERISTICS BY BODY MASS INDEX (BMI) SUBGROUP

	BMI <25 (n=160)	BMI 25-30 (n=101)	BMI >30 (n=105)	ANOVA or chi-squared <i>P</i>
Mean years with primary physician (\pm SD)	2.1 (\pm 2.6)	2.1 (\pm 2.3)	1.9 (\pm 1.8)	.707
Mean number of visits in last year (\pm SD)	2.7 (\pm 4.7)	3.0 (\pm 3.2)	3.3 (\pm 3.4)	.250
Mean age in years (\pm SD)	38.3 (\pm 9.8)	43.1 (\pm 12.0)	46.0 (\pm 19.2)	<.001
Patient sex, %				
Women	69	50	70	.003
Ethnicity, %				
African American	5	13	21	<.001
Asian American/Pacific Islander	29	25	9	<.001
European American/white	55	41	38	.013
Latino/Hispanic	5	15	23	<.001
Multiracial	5	4	4	.873
Other	1	2	5	.357
Self-reported obesity-related comorbidities*, %				
Arthritis	9	10	24	<.001
Depression	6	16	19	<.001
Diabetes mellitus	4	7	18	<.001
High blood pressure	7	19	33	<.001
High cholesterol	7	17	20	<.001
Think they need to lose weight	39	84	97	<.001

ANOVA denotes analysis of variance; SD, standard deviation.

*Patients could have any number of obesity-related comorbidities, so percentages may total greater or less than 100%.