

TABLE W2  
THE 3 MOST COMMON CONDITIONS REFERRED TO 29 SPECIALIST TYPES\*

Type of Practitioner (No. of Referrals)	Referred Health Problem	No. (Cumulative %)
<b>Medical Specialists (n = 630)</b>		
Allergist (n = 39)	Allergic rhinitis	23 (59.0)
	Asthma	8 (79.5)
	Allergic reactions	4 (89.7)
Cardiologist (n = 94)	Cardiac arrhythmia	20 (21.3)
	Chest pain	17 (39.4)
	Ischemic heart disease	16 (56.4)
Dermatologist (n = 121)	Benign and unspecified neoplasms	36 (29.8)
	Dermatitis and eczema	18 (44.6)
	Acne	10 (52.9)
Endocrinologist (n = 27)	Diabetes mellitus	11 (40.7)
	Obesity	5 (59.3)
	Thyroid disease	5 (77.8)
Gastroenterologist (n = 135)	Gastrointestinal signs and symptoms	26 (19.3)
	Gastroesophageal reflux	16 (31.1)
	Abdominal pain	15 (42.2)
Nephrologist (n = 13)	Urinary symptoms	8 (61.5)
	Chronic renal failure	3 (84.6)
	Hypertension	1 (92.3)
Neurologist (n = 89)	Headaches	18 (20.2)
	Neurologic signs and symptoms	11 (32.6)
	Peripheral neuropathy, neuritis	10 (43.8)
Oncologist (n = 12)	Low impact malignant neoplasms	5 (41.7)
	High impact malignant neoplasms	2 (58.3)
	Benign and unspecified neoplasms	2 (75.0)
Physical medicine and rehabilitation (n = 18)	Musculoskeletal signs and symptoms	7 (38.9)
	Peripheral neuropathy, neuritis	3 (55.6)
	Low back pain	3 (72.2)
Pulmonologist (n = 39)	Sleep apnea	11 (28.2)
	Emphysema, chronic bronchitis, chronic obstructive pulmonary disease	9 (51.3)
	Respiratory signs and symptoms	4 (61.5)

Type of Practitioner (No. of Referrals)	Referred Health Problem	No. (Cumulative %)
Rheumatologist (n = 25)	Autoimmune and connective tissue disease Musculoskeletal signs and symptoms Arthropathy	11 (44.0) 8 (76.0) 3 (88.0)

<b>Surgical Specialists (n = 922)</b>		
General surgeon (n = 185)	Benign and unspecified neoplasms External abdominal hernias Cholelithiasis, cholecystitis	52 (28.1) 36 (47.6) 23 (60.0)
Hand surgeon (n = 24)	Bursitis, synovitis, tenosynovitis Peripheral neuropathy, neuritis Musculoskeletal signs and symptoms	7 (30.4) 5 (52.2) 5 (73.9)
Neurosurgeon (n = 27)	Low back pain Peripheral neuropathy, neuritis Benign and unspecified neoplasms	18 (66.7) 3 (77.8) 2 (85.2)
Ophthalmologist (n = 109)	Diabetes mellitus Ophthalmic signs and symptoms Cataract, aphakia	32 (29.4) 17 (45.0) 9 (53.2)
Orthopedic surgeon (n = 247)	Musculoskeletal signs and symptoms Bursitis, synovitis, tenosynovitis Fractures/excluding digits	78 (31.6) 26 (42.1) 22 (51.0)
Otolaryngologist (n = 141)	Otitis media Sinusitis Deafness, hearing loss	27 (19.2) 13 (28.4) 11(36.2)
Plastic surgeon (n = 32)	Benign and unspecified neoplasms Other breast disorders Malignant neoplasms of the skin	14 (43.8) 5 (59.4) 3 (68.8)
Urologist (n = 107)	Urinary symptoms Prostatic hypertrophy Other male genital disease	35 (32.7) 10 (42.1) 9 (50.5)
Vascular surgeon (n = 19)	Varicose veins of lower extremities Peripheral vascular disease Generalized atherosclerosis	4 (21.0) 4 (42.1) 2 (52.6)

**Ob/gyn (n = 93)**

Ob/gyn (n = 93)	Menstrual disorders	17 (18.3)
	Female genital symptoms	10 (29.0)
	Uterovaginal prolapse	9 (38.7)
<b>Other Physician Specialists (n=41)</b>		
Anesthesiologist (n = 20)	Low back pain	15 (75.0)
	General signs and symptoms	1 (80.0)
	Chest pain	1 (85.0)
<b>Nonphysician Clinicians (n=246)</b>		
Audiologist (n = 25)	Deafness, hearing loss	20 (80.0)
	Developmental disorder	1 (88.0)
	Otitis media	1 (92.0)
Chiropractor (n = 13)	Acute sprains and strains	3 (23.1)
	Cervical pain syndromes	3 (46.2)
	Low back pain	3 (69.2)
Nutritionist (n = 31)	Obesity	11 (35.5)
	Diabetes mellitus	10 (67.1)
	Disorders of lipid metabolism	6 (87.1)
Physical therapist (n = 91)	Low back pain	26 (28.6)
	Acute sprains and strains	19 (49.4)
	Musculoskeletal signs and symptoms	9 (59.3)
Podiatrist (n = 62)	Acquired foot deformities	17 (27.4)
	Musculoskeletal signs and symptoms	15 (51.6)
	Diseases of nail	11 (69.4)
<b>Mental Health Professionals (n = 85)</b>		
Psychiatrist (n = 27)	Depression, anxiety, neuroses	16 (59.3)
	Attention deficit disorder	6 (81.5)
	Schizophrenia and affective psychosis	3 (92.6)
Psychologist (n = 42)	Depression, anxiety, neuroses	25 (59.5)
	Attention deficit disorder	5 (71.4)
	Behavior problems	4 (81.0)

\* The table includes only specialties that received 10 or more referrals.